



**CALL (888) 600-GETZ**  
for help getting started  
on ZILRETТА®

**OA KNEE PAIN?**

# PUT THE Z IN YOUR KNEE

## INDICATION AND IMPORTANT RISK INFORMATION

### What is ZILRETТА?

ZILRETТА is an extended-release corticosteroid approved to manage osteoarthritis knee pain. The benefits and risks of repeat injections have not been demonstrated.

### Who should not receive ZILRETТА?

You should not receive a ZILRETТА injection if you are allergic to corticosteroids, triamcinolone acetonide, or any other component of the product.

Please see additional Important Risk Information throughout and in back of the brochure and accompanying Prescribing Information.

OA=osteoarthritis.

 **Zilretta®**  
triamcinolone acetonide extended release  
injectable suspension 32 mg

# DON'T GRIN AND BEAR KNEE PAIN

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If you suffer from osteoarthritis of the knee, you know what it means to deal with pain—it is serious. At some point, you realize that you face it every day. Ordinary activities can be truly painful—even just walking can become uncomfortable.





# COULD YOUR KNEE USE THE Z?

 **Zilretta**  
triamcinolone acetonide extended release  
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ZILRETTA is a non-opioid extended-release pain relief treatment that was studied in multiple trials on patients who have osteoarthritis knee pain.

In the main clinical study, which focused on safety and how well ZILRETTA works, it was shown to reduce knee pain.

If you are among the millions of people who suffer needlessly from chronic knee pain, this may be the injectable, non-opioid pain treatment you've been hoping for. Ask your healthcare provider how ZILRETTA may help you.

## IMPORTANT RISK INFORMATION

What possible side effects of corticosteroids could occur with ZILRETTA?

- Rare serious allergic reactions
- Effects in the injected knee such as infection (with pain, swelling and restricted motion) or joint damage
- Increased chance of getting an infection, and a decreased ability to fight an infection
- Effects on hormone production. These effects can be reversible
- Elevated blood pressure, sodium and water retention, and potassium loss
- Intestinal perforation if you have certain gastrointestinal disorders
- Weakening of bones
- Changes in behavior or mood disturbances
- Increased pressure inside the eye

Please see additional Important Risk Information throughout and in back of the brochure and accompanying Prescribing Information.

*The effects of ZILRETTA in children have not been studied.*

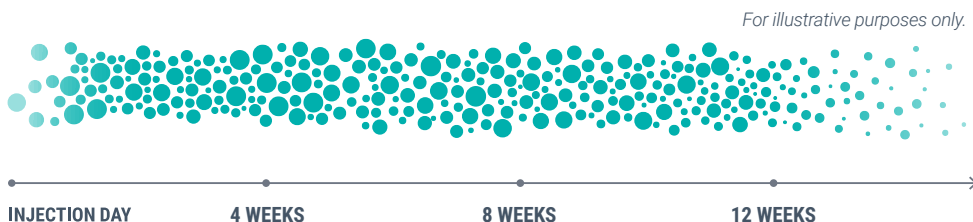


# WHAT ARE MICROSPHERES?

They're actually extremely tiny particles that contain a medicine called triamcinolone acetonide.

ZILRETTA is the first and only FDA-approved treatment for osteoarthritis knee pain to use extended-release microsphere technology.

**ZILRETTA MICROSPHERES SLOWLY RELEASE PAIN MEDICATION FOR ABOUT 3 MONTHS.**



**ZILRETTA microspheres have staying power.**

- They work in your knee joint—right where the pain is
- The microspheres slowly and continually release medicine for about 12 weeks
- After they have released all their medicine into the joint, the microspheres break down and turn into carbon dioxide and water, which are found naturally in the body

## IMPORTANT RISK INFORMATION

**What are the most common side effects of receiving a ZILRETTA injection?**

In multiple clinical trials, the most common side effects seen in people taking ZILRETTA were joint pain, headache, joint swelling, back pain, sore throat and runny nose, upper respiratory tract infection, and bruising.

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## Important safety information for people with controlled Type 2 diabetes.

In a small clinical trial of people with controlled Type 2 diabetes, minimal elevation in their blood glucose level was experienced after treatment with ZILRETTA vs another corticosteroid.

**Note:** Corticosteroids may increase blood glucose levels. Individual patient experience may differ from what was seen in this study.

# AN ENTIRE SEASON OF KNEE PAIN RELIEF

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## ZILRETTA relieves pain.

In the main clinical trial, some people were injected with ZILRETTA, while others were injected with placebo. People were asked to rate their knee pain on a daily basis, and results were compared between the 2 groups.

ZILRETTA  
CAN SIGNIFICANTLY  
**REDUCE**  
KNEE PAIN  
FOR 12 WEEKS

What's more, many people  
treated with ZILRETTA  
experienced pain relief beyond  
12 weeks—through 16 weeks.

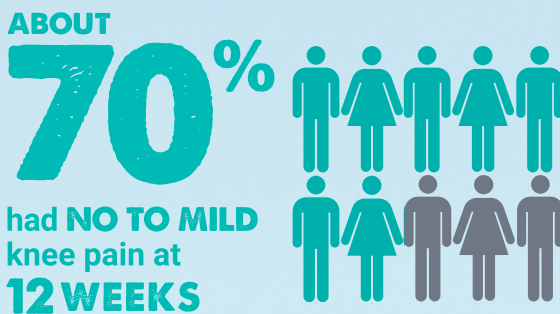




# YOUR KNEE WILL THANK YOU

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In addition, in the clinical study, over two-thirds of the people had zero to mild knee pain 12 weeks after treatment with ZILRETTA.



Just imagine what a season with less knee pain could be like.



Watch stories of people who got the Z in their knee.  
[ZILRETTA.com/video](https://zilretta.com/video)

## IMPORTANT RISK INFORMATION

What should you tell your doctor **BEFORE** receiving a  
ZILRETTA injection?

Tell your doctor about all of the medications you are taking (including both prescription and over-the-counter medicines) and about any medical conditions, especially if you have high blood pressure, heart disease, ulcers, diverticulitis or other gastrointestinal disorders, kidney problems, diabetes, glaucoma, behavior or mood disorders, and/or infections.

Please see additional Important Risk Information throughout and in back of the brochure and accompanying Prescribing Information.



# IS ZILRETTA SAFE?

The most common side effects of ZILRETTA were similar to those seen in people who received a placebo injection:



**JOINT PAIN**



**HEADACHE**



**JOINT  
SWELLING**



**BACK PAIN**



**SORE THROAT  
& RUNNY  
NOSE**



**UPPER  
RESPIRATORY  
TRACT  
INFECTION**



**BRUISING**

## IMPORTANT RISK INFORMATION

**What should you tell your doctor AFTER receiving a ZILRETTA injection?**

Contact your doctor if you develop a fever or other signs of infection, have an increase in pain along with swelling of the injected knee, restriction of joint motion, or a general feeling of discomfort. Contact your doctor immediately if you are exposed to chicken pox or measles, or for any new or worsening changes in behavior or mood.

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# INDICATION AND IMPORTANT RISK INFORMATION

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## What is ZILRETTA?

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## Who should not receive ZILRETTA?

You should not receive a ZILRETTA injection if you are allergic to corticosteroids, triamcinolone acetonide, or any other component of the product.

## What possible side effects of corticosteroids could occur with ZILRETTA?

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**These are not all of the possible side effects with ZILRETTA or corticosteroid medications. Please see the full Prescribing Information at [www.ZILRETTALabel.com](http://www.ZILRETTALabel.com). Always contact your doctor if you have questions or experience any side effects.**

**You are encouraged to report side effects to the FDA: Call 1-800-FDA-1088 (332-1088), or visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch). You may also report side effects to Pacira at 1-844-353-9466.**



# READY TO GET THE Z? WE'RE HERE TO HELP

**Zilretta**  
triamcinolone acetonide extended release  
injectable suspension 32 mg

## Looking for a healthcare provider?

Contact the Z Team for help finding a doctor who has experience with ZILRETТА.



CALL (888) 600-GETZ



VISIT [ZILRETТА.com/doctor](https://ZILRETТА.com/doctor)

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## Your Z Team is with you every step of the way.



### Finding a doctor

We'll connect you with a specialist in your area who has experience treating patients with ZILRETТА.



### Educational guidance

We're here to answer your ZILRETТА questions and can provide useful tips and educational resources—so you can feel more confident.



### Insurance assistance

We'll start the process by getting a better understanding of your insurance coverage for ZILRETТА, taking away some of the guesswork at your appointments.



### Ongoing support

Once you're a part of the Z Team, we'll continue to be there for you, from appointment follow-up to answering questions and more.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](https://www.fda.gov/medwatch), or call 1-800-FDA-1088.

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BIOSCIENCES, INC.

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June PP-ZA-US-0136