

NOW WHAT?

YOU JUST GOT THE Z IN YOUR KNEE

Zilretta[®]
triamcinolone acetonide extended release
injectable suspension



You should be feeling the results of your injection soon, if not already. Enjoy this time, but don't forget to keep an eye on your knee.

The more information you can gather about your experience, the more you'll be able to share and discuss with your doctor. Having good communication is an important part of managing your osteoarthritis knee pain.

Here are some things you should know, now that you've had the Z.



Call your doctor if you have a reaction at the injection site, or experience any side effects. Check with your doctor for advice if your knee becomes swollen.



Stay active. You can help control stiffness and pain, and maintain knee function if you regularly exercise, walk or otherwise keep your knee in motion.



Pay attention to how ZILRETTA[®] (triamcinolone acetonide extended-release injectable suspension) works for you. Now that you've had your treatment, are you experiencing significant pain relief? You can keep track of your experience by marking your pain level at the end of each month.

Month 1:	none	mild	moderate	severe	extreme
Month 2:	none	mild	moderate	severe	extreme
Month 3:	none	mild	moderate	severe	extreme
Month 4:	none	mild	moderate	severe	extreme
Month 5:	none	mild	moderate	severe	extreme
Month 6:	nono	mild	moderate	severe	extreme

INDICATION AND IMPORTANT RISK INFORMATION

What is ZILRETTA?

ZILRETTA[®] (triamcinolone acetonide extended-release injectable suspension) is an extended-release corticosteroid approved to manage osteoarthritis knee pain. The benefits and risks of repeat injections have not been demonstrated.

Who should not receive ZILRETTA?

You should not receive a ZILRETTA injection if you are allergic to corticosteroids, triamcinolone acetonide or any other component of the product.

Please see additional Important Risk Information on next page.

INDICATION AND IMPORTANT RISK INFORMATION (continued)

What possible side effects of corticosteroids could occur with ZILRETTA® (triamcinolone acetonide extended-release injectable suspension)?

- Rare serious allergic reactions
- Effects in the injected knee such as infection (with pain, swelling and restricted motion) or joint damage
- Increased chance of getting an infection, and a decreased ability to fight an infection
- Effects on hormone production. These effects can be reversible
- Elevated blood pressure, sodium and water retention, and potassium loss
- Intestinal perforation if you have certain gastrointestinal disorders
- Weakening of bones
- Changes in behavior or mood disturbances
- Increased pressure inside the eye

What are the most common side effects of receiving a ZILRETTA injection?

In multiple clinical trials, the most common side effects seen in people taking ZILRETTA were joint pain, headache, joint swelling, back pain, sore throat and runny nose, upper respiratory tract infection, and bruising.

What should you tell your doctor BEFORE receiving a ZILRETTA injection?

Tell your doctor about all of the medications you are taking (including both prescription and over-the-counter medicines) and about any medical conditions, especially if you have high blood pressure, heart disease, ulcers, diverticulitis or other gastrointestinal disorders, kidney problems, diabetes, glaucoma, behavior or mood disorders, and/or infections.

What should you tell your doctor AFTER receiving a ZILRETTA injection?

Contact your doctor if you develop a fever or other signs of infection, have an increase in pain along with swelling of the injected knee, restriction of joint motion or a general feeling of discomfort. Contact your doctor immediately if you are exposed to chicken pox or measles, or for any new or worsening changes in behavior or mood.

These are not all of the possible side effects with ZILRETTA or corticosteroid medications. Please see the full Prescribing Information at www.ZILRETTALabel.com. Always contact your doctor if you have questions or experience any side effects.

You are encouraged to report side effects to the FDA: Call 1-800-FDA-1088 (332-1088), or visit www.fda.gov/med-watch. You may also report side effects to Flexion at 1-844-FLEXION (353-9466).